



THE GROVELAND E-WIRE

Volume 11, Issue 9, October 2018

Sunday Services

Groveland Fellowship meets at 1671 Summit Ave. at 10:00 a.m. most Sunday mornings from September through May.

Sunday, October 7

Marathon Sunday – Pilgrim House

Since the Twin Cities Marathon runs right past our normal meeting place, we usually schedule an alternate location and activity. This year we are planning to travel to Pilgrim House Unitarian Universalist Fellowship in Arden Hills, where Rev. Kristen Wernecke will be speaking about Healing Ourselves in Trying Times. Rev. Kristen Wernecke is the author of *Choosing Conscious Health for a Vibrant Life* and is an integrative health practitioner.

Pilgrim House is located at 1212 W. Highway 92, Arden Hills, MN, 55112. The service is from 10:15 – 11:30 a.m. To sign up for car-pooling, contact Sara Leiste at leiste@yahoo.com.

Sunday, October 14

What Brings You Joy?

Panel Discussion

Two Groveland Fellowship members, Karen Belling, Mike Luke and a Groveland guest, Jeanette Fordyce, will be in a panel discussion, "What Brings You Joy?" How do you decide what time and effort to give to having joy in your life? Can you schedule joy, or do you construct your life so that joy is invited in? What part of finding joy is attitude, what part is conscious effort? What is the role of other people in bringing joy? These are some of the questions the panel has been asked to answer. Bring your questions and answers for our discussion.

Sunday, October 21

Introduction to Nonviolent Communication,

Presented by Reid Grano

Reid Grano will speak about his work teaching Nonviolent Communication (NVC). Nonviolent Communication puts the primary focus on connection through empathetic listening rather than "being right". Reid will present a basic introduction to NVC, guide us through an exercise to demonstrate its power, and share some stories of how NVC can transform conflict into a quality of connection where everyone's needs are met.

Reid has led a local NVC practice group for over ten years. He has worked in software engineering, electoral politics, and non-profit administration.

Sunday, October 28

The Irresponsible Pursuit of Paradise Presented by Dr. Jim Bowyer

"Under the banner of environmental protection, barriers of all kinds have been erected to discourage domestic raw material extraction. But because raw materials obviously must come from somewhere, when extraction is obstructed in one region this activity and all associated impacts are simply shifted to some other region – often magnifying environmental impacts in the process." (Quoted from April 2017 Humanist News & Views.)

Dr. Jim Bowyer is an environmental consultant, a professor emeritus in the Department of Byproducts and Biosystems Engineering at the University of Minnesota, and the author of *The Irresponsible Pursuit of Paradise*.

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Looking Ahead

Sunday, November 4

Why I Am Taking a Break from Unitarian Universalism, Presented by Kevin Ward

Kevin Ward has been attending Unity Unitarian in St. Paul since 2008. However, this summer something broke inside of him, and now he is not sure whether to keep going or not. His friend, Lois Hamilton, asked him to come to Groveland Fellowship to talk about what attending a Unitarian church brought to him, how it helped him, how it frustrated him, and how it has currently given him pause.

Kevin Ward has lived in St. Paul since 2001. He is a teacher at Avalon School. He is married and has two children.

Coming Events

Book Group

**Wednesday, October 10, 6:30-8:00
Highland Bakery and Café**

This month's book group selection is *Tulip Fever* by Deborah Moggach.

In 1630s Amsterdam, tulipomania has seized the populace. Everywhere men are seduced by the fantastic exotic flower. But for wealthy merchant Cornelis Sandvoort, it is his young and beautiful wife, Sophia, who stirs his soul. She is the prize he desires, the woman he hopes will bring him the joy that not even his considerable fortune can buy.

Cornelis yearns for an heir, but so far he and Sophia have failed to produce one. In a bid for immortality, he commissions a portrait of them both by the talented young painter Jan van Loos. But as Van Loos begins to capture Sophia's likeness on canvas, a slow passion begins to burn between the beautiful young wife and the talented artist.

As the portrait unfolds, so a slow dance is begun among the household's inhabitants. Ambitions, desires, and dreams breed a

grand deception—and as the lies multiply, events move toward a thrilling and tragic climax.

In this richly imagined international bestseller, Deborah Moggach has created the rarest of novels—a lush, lyrical work of fiction that is also compulsively readable. Seldom has a novel so vividly evoked a time, a place, and a passion. (Book description from Goodreads.)

Please join us. Our discussions are lively and fun!

Potluck/Sources Supper October 20, 5:30 pm

Lois and Alan will host a Sources Supper on Saturday, October 20 at 5:30 pm. A Sources Supper is a UU tradition where we meet and read about the history of UUism then partake in a potluck supper. Please RSVP to Lois at hamiltonlando@gmail.com.

Love Reaches Out Workshop February 16, in Willmar

Phil Lund from MidAmerican Region of the UUA is planning a workshop titled *Love Reaches Out*. It will be on February 16 in Willmar, MN. This workshop is designed to help us understand how the American religious landscape is changing and how UU congregations can respond to that reality. We will examine who we are as Unitarian Universalists, both in our congregations and as a faith movement.

Several Grovelanders are planning on attending this workshop. If you are interested in joining us, or for more information, contact Lois Hamilton at hamiltonlando@gmail.com.

Groveland Choir Practice

The Groveland Unitarian Universalist Fellowship Choir - includes anyone who wants to come - will begin rehearsing in October. We plan to meet 2 Sundays per month, beginning on Oct. 21, at 9:15 a.m. to practice the hymns we will be singing that

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(Choir practice, continued)
day and maybe an arrangement or two that we can bring to another Sunday service. Please contact Lois Hamilton at hamiltonlando@gmail.com if you are interested or just be there at 9:15 on Oct. 21.

Groveland Outreach: MORE Food Aid



Fridays at 8:00 a.m., several Grovelanders meet at Whole Foods Market at Snelling and Selby to transport groceries to the Multicultural School for

Empowerment (MORE). Please call Trescia Dunn at 651-698-1858 for more information, or to volunteer.

Editors' Deadline

Your editors respectfully request submissions for the E-Wire to be presented to the editors by the 20th of the month. We will email reminders.

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Services are at 10:00 am Sundays, September through May

Groveland meeting address:

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You may make donations to Groveland UU by addressing them to 'Treasurer' at the above address.

For more information about **Groveland UU Fellowship**, go to grovelanduu.org

For Information about **MidAmerica Region UUA** please go to midamericauua.org