



THE GROVELAND E-WIRE

Volume 12, Issue 2, February 2019

Sunday Services

Groveland Fellowship services start at 10:00 a.m. at 1671 Summit Ave in Saint Paul.

Sunday, February 3 **Developing a Resilient Spirit Through Service to Others** **Presented by Grant Watkin**

Using his gift for storytelling, Grant Watkins will paint a picture of seniors and their needs here in our community. He will highlight the community-based programs offered by Wilder Healthy Aging and Caregiving Services to support them, and he will share examples of ways volunteers provide comfort, care and joy for seniors, older adults and caregivers. He will discuss current volunteer needs, opportunities and how you can sign up to make a difference.

Grant has served as manager of volunteer activities for the Wilder Center for Aging in the Selby Dale neighborhood for the past six years. Prior to joining Wilder he managed an affordable housing community for seniors. Originally from El Paso, Texas, Grant holds a Bachelors degree in Communications from Metro State. He resides in Lowertown where he is the proud parent of a nine year old rescue Maltese, named Eleanor.

Sunday, February 10 **Insect Armageddon: Whoopee or Whoops?** **Presented by Alison Jarvis**

Native plants are easy to grow and maintain, but why would I want to? As agriculture and urban areas encroach on natural areas, there are fewer and fewer resources for our native birds and insects. Even providing small plantings in scattered yards can help sustain

these populations. Alison will talk about the importance of native plants and share resources to encourage gardeners to find and plant some of these in their own yards.

Alison Jarvis reports that "I am a recent and enthusiastic member of Wild Ones, an organization that promotes 'Educating the public about the benefits of preserving and restoring biodiversity of our native plant communities, beginning in our own yards and gardens.' Our yard is a project-in-process to improve water drainage, remove noxious weeds, minimize annual maintenance, beautify views from our windows, and encourage native insects and birds by creating a very small oasis in our urban setting." Alison is a member of Groveland Fellowship.

Sunday, February 17 **John Martin, Storyteller**

John Martin is an experienced storyteller. He has been sharing his stories with Groveland Fellowship for several years. We welcome him back this Sunday!

John Martin works to make our world better by involving people in political activism. He is a member of Groveland Fellowship.

Sunday, February 24 **Theosophy** **Presented by Von Braschier**

Have you heard of Theosophy? This is the from the Theosophical Society of America: "Our mission is to encourage open-minded inquiry into world religions, philosophy, science, and the arts in order to understand the wisdom of the ages, respect the unity of all life, and help people explore spiritual self-transformation."

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Our presenter, Von Braschler of St. Paul has been a Theosophist for more than 30 years and has served as president of the Minneapolis Theosophical Society and as publications director of the Theosophical Society in America at the group's national headquarters in Illinois. He has written several books related to the philosophy of Theosophy and its roots and has lectured throughout the U.S. and the U.K.

Looking Ahead...

Sunday, March 3

The Case for Secular Humanism: Ethics without Religion Presented by Audrey Kingstrom

Audrey will present the ethical imperative of humanism and provide an overview of the moral theories and scientific principles which lay the foundation for this naturalist worldview.

Audrey is currently president of Humanists of Minnesota and a 20-year member of First Unitarian Society of Minneapolis. She is a Humanist celebrant and educator developing and leading programs for these organizations and officiating at weddings and memorials.

Groveland Book Group Wednesday, February 13, 6:30-8:00 Highland Café and Bakery

We are reading *Blue Horses* by Mary Oliver. "In this stunning collection of new poems, Mary Oliver returns to the imagery that has defined her life's work, describing with wonder both the everyday and the unaffected beauty of nature.

At its heart, *Blue Horses* asks what it means to truly belong to this world, to live in it attuned to all its changes. Humorous, gentle, and always honest, Oliver is a visionary of the natural world." -From Goodreads
Please join us.

Our Book Group March book is *The Death of Visnu* by Manil Suri.

March Potluck

Time for another potluck! We are planning a potluck to begin at 3:00 p.m. so that those of us who don't like driving while it's dark out can come, too. Saturday, March 2nd 3:00 p.m. (sunset at 6:01) at Lois Hamilton and Alan Lando's house. (Call 651-699-2920 for more information).

February Birthdays

Happy Birthday to Lesley Guyton, Larry Herbison and John Martin.

Member News

Leticia Smith and Sara Leiste Recovering from surgery

Leticia:

After almost a month since I missed our winter solstice celebration due to my total knee replacement surgery, I am slowly but steadily mending. Even with pain as a constant companion still, I'm highly motivated to do my daily bending, stretching and strengthening exercises while listening to Bach, 60's rock, Irish jigs and kindred beats on my phone. I still use a roly walker everywhere "just in case", but I definitely am putting my full body weight on my surgical knee now so that my walking is getting more normal.



Thank you for the flowers and the messages! It helps me a lot to know that I am part of a community that cares about me. My goal is to be able to join all of you at our church services starting no later than February 10.



Sara:

On January 16th, 2019, Sara went through 3 1/2 hours of surgery on the upper, lower and both sides of her jaw to get rid of pain from TMJ (temporomandibular joint). She returned home after one night at St.

Johns in Maplewood. Her swelling & bruising went down really quickly but then about a week later she felt something didn't seem quite right on the right side of her face. During her second follow up the doctor discovered two of the three screws in the lower right jaw were not holding the bones together at all. (Seems like we should say something here about having a few screws loose...).

Today, January 30th Jerry picked Sara up at her apartment (temps were about -19) at 4:30 a.m. to get her to St Johns for the second surgery. This surgery went smoothly although there was a bit of concern because her oxygen level wasn't as high as they wanted it to be right away. After she regained her oxygen level they allowed Jerry to drive her home. Upon arriving home Sara said, "I'm feeling better right now than I have in over a week". -Judy Bonhiver



Lesley Guyton gave a very informative talk on January 6th about the problems immigrants and asylum seekers are facing today. Lesley is an immigration lawyer and a member of Groveland Fellowship.



Groveland Fellowship members and guests gather for coffee and snacks after the service.

Groveland Outreach: MORE Food Aid



Fridays at 8:00 a.m., several Grovelanders meet at Whole Foods Market at Snelling and Selby Aves. to transport groceries to the Multicultural School for Empowerment (MORE).

Please call Trescia Dunn at 651-698-1858 for more information, or to volunteer.

Editors' Deadline

Your editors respectfully request submissions for the E-Wire to be presented to the editors by the 20th of the month. We will email reminders as needed. Thank you.

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You may make donations to Groveland UU by addressing them to 'Treasurer' at the above address.

For more information about **Groveland UU Fellowship**, go to grovelanduu.org

For Information about **MidAmerica Region USA** please go to midamericauua.org