



# THE GROVELAND E-WIRE

Volume 12, Issue 3, March 2019

## Sunday Services

Groveland Fellowship services start at 10:00 a.m. at 1671 Summit Ave in Saint Paul.

### Sunday, March 3

#### **The Case for Secular Humanism: Ethics Without Religion**

##### **Presented by Audrey Kingstrom**

Audrey Kingstrom will present the ethical imperative of humanism and provide an overview of the moral theories and scientific principles, which lay the foundation for this naturalist worldview.

Audrey is currently president of Humanists of Minnesota and a 20-year member of First Unitarian Society of Minneapolis. She is a Humanist celebrant and educator developing and leading programs for these organizations and officiating at weddings and memorials.

### Sunday, March 10

#### **Greif/Loss Processes and Traumatic Grief**

##### **Presented by Rachel Cavegn**

An introduction into how the brain processes grief and the ways in which the stages of grief serve to help us adjust to and carry on with significant changes in our lives. We will also take a look at the relationship between grief, complicated grief and traumatic grief.

### Sunday, March 17

#### **Poetry Café**

##### **Facilitated by Lois Hamilton and Sara Leiste**

Poetry Café is an annual tradition at Groveland UU Fellowship. This year, we will focus on the poetry of Mary Oliver, a much-loved poet who passed away this past January. According to the Poetry Foundation, her poetry is "Known for its clear and

poignant observations and evocative use of the natural world." We will read poems and explore what they mean to us. Groveland members Lois Hamilton and Sara Leiste will lead this service.

### Sunday, March 24

#### **Theosophy**

##### **Presented by Von Braschier**

*Note: This program was due to be presented on February 24, however, due to inclement weather it was cancelled and will be offered on this Sunday.*

Have you heard of Theosophy? This is from the Theosophical Society of America: "Our mission is to encourage open-minded inquiry into world religions, philosophy, science, and the arts in order to understand the wisdom of the ages, respect the unity of all life, and help people explore spiritual self-transformation."

Our presenter, Von Braschler of St. Paul has been a Theosophist for more than 30 years and has served as president of the Minneapolis Theosophical Society and as publications director of the Theosophical Society in America at the group's national headquarters in Illinois. He has written several books related to the philosophy of Theosophy and its roots and has lectured throughout the U.S. and the U.K.

### Sunday, March 31

#### **Love Keeps Reaching Out Workshop Recap by Phillip Lund**

Last month, a group of Groveland UU Fellowship members traveled to Willmar, Minnesota for a Love Keeps Reaching Out workshop led by MidAmerica Region consultant Phillip Lund. Phil will be joining us this Sunday to share some of the material presented at the workshop and lead us through some exercises designed to help us reach out to community while staying grounded in our UU values.

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Sunday, March 31 continued

Phillip Lund has over 20 years experience serving congregations in the areas of faith formation and spiritual growth, first as a religious educator in Bloomington, Ind., New York City and Chicago, and most recently as a UU minister working for the MidAmerica Region of the Unitarian Universalist Association.

## Looking Ahead...

**Sunday, April 7**

**Ike's Unheeded Warning: The Costs and Consequences of America's Military-Industrial (Political) Complex**

**Presented by Paul Richgruber**

Between 2001 and 2011, the U.S. spent approximately \$6.26 trillion on its military. In comparison, during this same period China spent \$890 billion and Russia spent \$526 billion (Source: SIPRI Military Expenditure Database). As former Defense Secretary Robert Gates put it back in 2011, "Does the number of warships we have, and are building, really put America at risk, when the U.S. battle fleet is larger than the next 13 navies combined—11 of which are our partners and allies? Is it a dire threat that by 2020, the United States will have only 20 times more advanced stealth fighters than China?" (NPR, Jan. 17, 2011).

Paul Richgruber is a tenured faculty member in History and Political Science at Lake Superior College in Duluth. His research interests include U.S.-China relations, American foreign policy, and the causes of war among great powers.

## Member News

Abby Struck's brother Donovan John Struck died peacefully at his home on Saturday, February 16. Services will be held in mid-March, date to be announced.

## Groveland Book Group Wednesday, March 13, 6:30-8:00 Highland Café and Bakery

We are reading *The Death of Vishnu* by Manil Suri.

"Manil Suri's comic prose and imaginative language transport readers to the petty squabbles and unrelenting conflicts of modern-day India. At the center of the narrative is the character of Vishnu, an aging alcoholic houseboy on the precipice of death, who lies, penniless, on the bottom step of a middle-class Bombay apartment house. While Vishnu appears to face his impending death placidly and philosophically, a maelstrom swirls around him. The residents of the building include a reclusive widower mourning the untimely death of his young wife, a Moslem family coping with the daily prejudices of their Hindu neighbors, and two families who unhappily share a kitchen. Worlds collide when the Moslem family's son elopes with the Hindu family's daughter, and Mr. Jalal, the Moslem family patriarch, apparently flips his wig, recognizing Vishnu not as their dying houseboy but as the deity whose name he bears, with the power to save. And when Mr. Jalal is found sleeping on the stairs beside Vishnu, he becomes the scapegoat for the building's many ills. In its frenetic and hilarious conclusion, *The Death of Vishnu* trumpets the arrival of an extremely gifted Indian writer, bringing to spectacular life the tempestuous chaos that is life in India today." -From Goodreads

Please join us, and bring book suggestions for the next few months.

## March Potluck

Time for another potluck! We are planning a potluck to begin at 3:00 p.m. so that those of us who don't like driving while it's dark out can come, too. Saturday, March 2<sup>nd</sup> 3:00 p.m. (sunset at 6:01) at Lois Hamilton and Alan Lando's house. (Call 651-699-2920 for more information).

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## March Birthdays

*Happy Birthday* to Danielle Gordanier!

## Groveland Outreach: MORE Food Aid



Fridays at 8:00 a.m., several Grovelanders meet at Whole Foods Market at Snelling and Selby Aves. to transport groceries to the Multicultural School for Empowerment (MORE).

Please call Trescia Dunn at 651-698-1858 for more information, or to volunteer.

## Editors' Deadline

Your editors respectfully request submissions for the E-Wire to be presented to the editors by the 20<sup>th</sup> of the month. We will email reminders as needed. Thank you.

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**Services** are at 10:00 am Sundays, September through May

### Groveland meeting address:

1671 Summit Ave  
St Paul, MN 55105

### Groveland UU Mailing address:

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You may make donations to Groveland UU by addressing them to 'Treasurer' at the above address.

For more information about **Groveland UU Fellowship**, go to [grovelanduu.org](http://grovelanduu.org)

For Information about **MidAmerica Region USA** please go to [midamericauua.org](http://midamericauua.org)

## February Service



**Alison Jarvis**, "a recent and enthusiastic member of Wild Ones" spoke last month about native plants.