



THE GROVELAND E-WIRE

Volume 12, Issue 10, December, 2019, page 1

Sunday Services

10am, 1671 Summit Ave., St. Paul

Groveland Fellowship's Sunday services start at 10:00 am and may go till 11 or 11:15 at 1671 Summit Ave in Saint Paul.

December 1 - No Service

Happy Thanksgiving!!

This weekend, we will be with friends and loved ones as we celebrate Thanksgiving. There will be no Groveland Service.

December 8 - Annual Sandwich Service

Presented by Sara Leiste

Each year, Groveland does a service project as part of a Sunday service. We will make sandwiches and focus on issues around food and hunger. The sandwiches will be donated to the 363 Days Food Program that brings food to people on the streets at night.

Sara Leiste, a long-time member of Groveland Fellowship, will be the leader for this program.

December 15 - Measuring Climate by Human or Geologic Time: Can Climate Change Skeptics be Converted?

Presented by Ray Schreurs

Reading an article by the North Dakota State Geologist in 1999 started Ray on a 20-year climate search. Now, his original small file folder has become a large box, plus one of his library shelves is full of books on climate change.

Ray Schreurs worked as a hydro-geologist for the US Geological Survey. He has been a member of the American Institute of Professional Geologists for 54 years.

December 21 - 5:30pm Solstice Service and Potluck Presented by Kari Tauring



This year we are celebrating the Solstice on **SATURDAY**, December 21. We will gather at Ceile Hartleib and Terry Kayser's home at 5:30pm. The Solstice will begin at 6:00pm with the Potluck after the service. Call 651-592-1877 more information.

From Kari: "The year 2020 has many of us looking back at the patterns in our lives that bring us to this moment. The dire predictions of 2020 made in the 1970's about the potential future we will face without environmental controls, weaning off fossil fuels, and treating one another with deep respect seem to be both manifesting and denied. Let's look back at the lessons we have learned in our lives, the patterns that keep us trapped and the patterns that lift us up. Our ancient ancestors had tools in song and ceremony for strength as they faced the dangerous darkness. Let's ritualize the end of patterns that do not serve us and give energy and light towards the new ones with song and ceremony as we face the darkest night together!"

Kari Tauring is a Nordic root musician, educator, and spiritual leader raised in Minnesota. Her work is embedded in the full

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culture of her Scandinavian heritage including music, dance, story-telling, and other arts. She teaches classes on runes, Norse mythology, cosmology, and metaphysics, primarily at Norway House in Minneapolis, and on-line. This is the 20th Anniversary of her Yuletide Celebration album and twenty years of celebrating Winter Solstice in the Northlands. Her musical recordings, book on runes, and links to on-line classes and videos are on her website www.KariTauring.com (also in its 20th year).

**December 22 – No Service
Happy Holidays!**

As many members will be with family this weekend, we will not be having a service on December 22.

**December 29 – No Service
Happy New Year!**

Looking Ahead...

**January 5
Self-Care in a Politically
Fraught Time**

Presented by Alan Lando

Dr. Lando's presentation will consider several resources for self-care in the context of the current political environment. He also will invite discussion from those in attendance on ideas for self-care and on how they cope with politically induced stress.

Alan Lando is the president of Groveland Fellowship and a longtime member.

**Message from the Groveland
UU Fellowship Board and
Executive Committee**

Winter Solstice is a good time to look to our future. Since September, we've gathered to share our joys and concerns, reflect on UU ideals, participate in thoughtful presentations, and renew our acquaintance

with the founders of the UU church through group readings. We've also come together at our Annual Sources Potluck, community events, academic presentations, webinars on small congregations, and our book group. During all these gatherings, we have given our time, in-kind contributions and cash contributions.

The Groveland UU Fellowship board and Executive Committee would like to thank all who have participated in making our Sunday services possible and all who have joined in other gatherings that help strengthen our fellowship. We would also like to encourage you to include Groveland Fellowship in your end-of-the-year giving list so that we can cover our expenses, budgeted at \$7,750 this year, without dipping into our modest reserves. May you have a most enjoyable holiday season!

Other Events...

**Groveland Book Group
Wednesday, December 18
6:30-8:00pm**

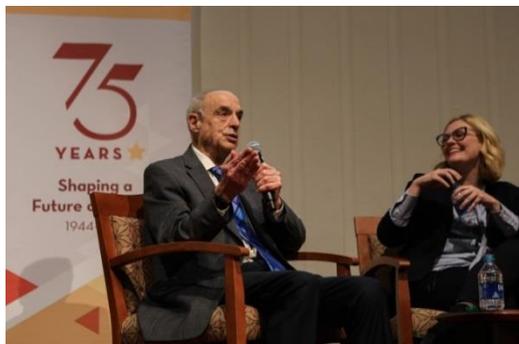
This month we will meet on December 18th at 6:30pm at Karen Belling's home. Our format is a discussion of books we are presently reading or have read recently. Please call 651-489-2156 for more information.

**Alan Lando Featured in Book,
The Great Pretender by
Susannah Cahalan**

On November 13, several Groveland Fellowship members were in the audience for a moderated discussion with Professor Harry (AKA Alan) Lando and N.Y Times #1 best-selling author, Susannah Cahalan at the University of Minnesota. Susannah spoke about her book *The Great Pretender*.

In 1970 Alan was part of a study by one of his professors, David Rosenhan, in which 9 people feigned mental illness to get into mental institutions so they could report back on the institutions' quality of care.

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Alan Lando with author Susannah Cahalan at the Mayo Auditorium at the U of M

Alan gave this account:

"David Rosenhan, author of "Being Sane in Insane Places," was my major professor. At age 24 I was admitted to a psychiatric hospital after professing to hear voices that said "empty, thud, and hollow." This study had major impact on the field of psychiatry and led to questioning of basic assumptions including the ability to distinguish sanity from insanity.

Susannah Cahalan, bestselling author of *Brain on Fire*, became interested in the Rosenhan study following her own illness and spent several years researching the study. In her new book *The Great Pretender* she concluded that failure to include my positive experience was an important missed opportunity for a more balanced look at psychiatric institutions."

December Birthdays

Happy Birthday to Jerry, Bobbi and Martha!

Photos from Past Services and Events



November 3:

Amelia McNamara spoke on Algorithmic Inequality: How the hidden data systems that govern our lives encode our biases, and what we can do about it.



November 9: Sources Supper at Alan Lando's and Lois Hamilton's home. Howard (below) sat in a place of honor and listened intently as we read the stories of early Unitarianism.



Groveland Outreach...

MORE Food Aid



Fridays at 8:00 a.m., several Grovelanders meet at Whole Foods Market at Snelling and Selby Avenues to transport groceries to the Multicultural School for

Empowerment (MORE). Please call Cathy Rucci, MORE's executive director, at 651-204-0497 for more information, or to volunteer.

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Services are at 10:00 am Sundays, September through May

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You may make donations to Groveland UU by addressing them to 'Treasurer' at the above address.

For more information about **Groveland UU Fellowship**, go to grovelanduu.org