



# THE GROVELAND E-WIRE

Volume 13, issue 1, January 2020, page 1

## Happy New Year!

### Sunday Services

**10am, 1671 Summit Ave., St. Paul**

Groveland Fellowship's Sunday services start at 10:00 am and may go till 11 or 11:15 at 1671 Summit Ave in Saint Paul.

### January 5

#### Self-Care in a Politically Fraught Time

**Presented by Alan Lando**

Dr. Lando's presentation will consider several resources for self-care in the context of the current political environment. He will also invite discussion from those in attendance on ideas for self-care and on how they cope with politically induced stress.

Alan Lando is the president of Groveland Fellowship and a longtime member.

### January 12

#### The Climate Crisis: How do we respond?

**Presented by Huron Smith and Jerry Kettunen**

A staggering 50% of all the carbon dioxide humankind has put into the atmosphere since the Industrial Revolution was added after 1990. The world is now 1°C (1.8°F) hotter than it was before the Industrial Revolution. So far, our response has been way too little, too late.

But communities ARE responding. And, in the United States, major party candidates for president are taking more activist positions.

For discussion: Can we get in front of this heat wave and slow it down?

Jerry is a retired 3M Engineer BSEE, MBA. Huron Smith, MBA, MS was a Business Analyst for DecisionOne Corporation.

### January 19

#### Proportional Representation in Minnesota Elections

**Presented by Ken Pentel**

Ken Pentel will make the case that the single-member winner-take-all voting system in the United States is leading to increased volatility, and that Proportional Representation can help remedy this by reflecting the political will of the society more accurately and sharing political power more widely.

For 33 years Ken has been a grassroots organizer and candidate for public office in Minnesota. In 2008 he left the Green Party to invent the nonpartisan Ecology Democracy Network. One of the projects that emerged was the new Ecology Democracy Party in May of 2010. As of November 2019, Ken continues to develop the projects of the Ecology Democracy Network.

### January 26

#### I Don't Care If It's True

**Presented by Stephanie Vos**

Join us as Stephanie Vos brings our community into conversation around how we examine, evolve, and talk about our beliefs and faith experiences. Through her journey from traditional Christianity to the Unitarian Universalist community, with stops along the way in Buddhism and traditional yogic philosophy, as well as her work as a hospital chaplain, she has learned to reframe the questions we ask ourselves about what is meaningful and important in our spiritual lives.

Stephanie Vos is an artist, healer, and teacher. After leaving her career as a pastor  
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### Stephanie Vos, continued...

in the ELCA, she pursued a professional life of writing and editing, as well as meditation and somatic therapy, and is now studying to become a Doctor of Chiropractic Medicine. Her work has always focused on the mystery of dimensionality, the interconnectedness of community, and reimagining our relationship with the natural world.

## Looking Ahead...

### February 2

### Understanding and Healing Between Native American and Non-Native People

#### Presented by Bob Klanderud

Using Minnesota stories, Bob will help us toward more understanding and teach us ways that we can learn to help the healing process between Native American and non-Native people.

Bob Klanderud, of Dakota and Lakota heritage, is enrolled with the Rosebud Sioux Tribe in Minnesota. Bob volunteers as a teacher by guiding groups to the sacred sites of Bdote, the place where *Wakpa Tanka* (Mississippi River) and *Mnisota Wakpa* (Minnesota River) come together. Central to Dakota origin stories, Bdote is understood to be the center of the earth and the place where the Dakota people trace their beginnings.

Bob served for eight years with the Division of Indian Work and Minneapolis Council of Churches as a case worker in the Fathers Program, Strengthening Family Circles program, and mentorship program for incarcerated men. He also served foreight years in the chaplaincy program of the department of corrections for Hennepin, Stearns, Steele, and Anoka counties.

## Other Events...

### Groveland Book Group

Wednesday, January 15

6:30-8:00pm

This month we will meet on January 15<sup>th</sup> at 6:30pm at Alan Lando and Lois Hamilton's home. Our format is a discussion of books we are presently reading or have read recently. Please call 651-699-2920 for more information.

### January Birthdays

Happy Birthday to Judy and Bruce!

## Groveland Outreach...

### MORE Food Aid

Fridays at 8:00 a.m., several Grovelanders meet at Whole Foods Market at Snelling and Selby Avenues to transport groceries to the Multicultural School for Empowerment (MORE). Please call Cathy Rucci, MORE's executive director, at 651-204-0497 for more information, or to volunteer.



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**Services** are at 10:00 am Sundays, September through May

#### Groveland meeting address:

1671 Summit Ave  
St Paul, MN 55105

#### Groveland UU Mailing address:

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You may make donations to Groveland UU by addressing them to 'Treasurer' at the above address.

For more information about **Groveland UU Fellowship**, go to [grovelanduu.org](http://grovelanduu.org)