



THE GROVELAND E-WIRE

Volume 13, Issue 10, November 2020, page 1

Sunday Services

10am, 1671 Summit Ave., St. Paul

Welcome to our Sunday services, now held on Zoom. The UUA has recommended that congregations continue virtual services for the time being. Please email Sara at leiste@yahoo.com for Zoom help.

November 1, 10:00 am What Does All Saints Day Mean for Unitarian Universalists?

Presented by Abby Struck

Abby will lead a discussion about what stands out about certain people that we set them apart for special veneration. Who have been those people in our own lives, and how did their influence affect us?



Abby is a founding member of our congregation. She is retired and lives with her husband Cliff Watson and her dog Raina.

November 8, 2020 at 10:00 am Debrief from the Election and Mutual Support

Presented by Dr. H. Alan Lando



We may not know the outcome of the election on November 8. The purpose of this guided discussion is to enable us as a supportive community to share thoughts and concerns in the face of possible uncertainty. A previous talk focused on self-care during a politically fraught time. This

discussion will revisit and build on ideas for self-care and mutual support given both Covid-19 and the current political context. We will consider positive steps for moving forward as a community and as a society.

Alan Lando is a long-time member of Groveland UU Fellowship and a past president. He currently is Distinguished International Professor in the Division of Epidemiology and Community Health of the School of Public Health at the University of Minnesota. Most of his research and advocacy has addressed tobacco including effective interventions for hardcore medically compromised smokers and strategies for combatting the global tobacco epidemic.

The Proposed 8th Unitarian Universalist Principle November 15, 2020 - 10:00 am Presented by Mya Wade-Harper

In this presentation, Mya will explain the journey of adopting the 8th principle which is a call for action on the dismantling of White Supremacy. The 8th principle affirms that we as UU's pledge to devote ourselves to this call for justice. Adopting the 8th principle now sends a clear message that continued justice work is needed in our faith.



Mya Wade-Harper is a Black Biracial young adult woman. She is a member of the Unitarian Universalist Church of Lexington KY, where she helped the church adopt the 8th principle in December 2019. She has served on the MidAmerica region's worship team, has been a part of GA Young Adults, Midwest Youth Leadership Staff, YA committees and youth ministry. Mya is also part of her state's new UU justice network.

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**November 22, 2020 - 10:00 am
TED Talk – Why Are Some
People More Altruistic Than
Others?**

**TED Talk by Abigail Marsh
Groveland Moderator – Larry
Herbison**

Why do some people do selfless things, helping other people even at risk to their own well-being? Psychology researcher Abigail Marsh studies the motivations of people who do extremely altruistic acts, like donating a kidney to a complete stranger. Are their brains just different?

An associate professor in the department of psychology and the interdisciplinary neuroscience program at Georgetown University, Abigail Marsh focuses on social and affective neuroscience. She addresses questions using multiple approaches that include functional and structural brain imaging in adolescents and adults from both typical and non-typical populations, as well as behavioral, cognitive, genetic and pharmacological techniques. Among her ongoing research projects are brain imaging and behavioral studies of altruistic kidney donors and brain imaging studies of children/adolescents with severe conduct problems and limited empathy.

Marsh's 2017 book *The Fear Factor: How One Emotion Connects Altruists, Psychopaths, and Everyone In-Between* explores the extremes of human generosity and cruelty. In 2018, *The Fear Factor* was awarded the [Book Prize for The Promotion of Social and Personality Science](#) from the Society for Personality and Social Psychology.

Larry Herbison, president and longtime member of Groveland Fellowship will present this TED Talk today.

**November 29, 2020 –
Thanksgiving Sunday – No
Service.**

Looking Ahead:

**December 6, 2020 - 10:00 am
What Is Culture/White
Supremacy Culture?
Presented by Rica Kaufel**

In this service, we will be taking a deep dive into how culture works, and how aspects of 'white culture' become 'white supremacy culture.' Our speaker will use the concepts of time and sense of urgency as a case study in white culture becoming white supremacy culture.

Rica Kaufel, who was born and raised in Germany, graduated from Meadville Lombard Theological School and completed her internship with Orange Grove UU Church, Mesa California this June. Recently she became a Fellowshiped Unitarian Universalist Minister and looks forward to being ordained soon. Rica began her ministry with Unitarian Universalist Church in Anaheim, California in October of this year. Rica also works as a lecturer for Academic English at the University of California, Irvine. She frequently volunteers with California Conference for Equality and Justice's Building Bridges Camp, taking teenagers from all over the region to the mountains for a weekend to teach them about systems of oppression and how to dismantle them. Her favorite thing in the world is spending time with her daughter Elise.

Message from Our Treasurer

The Groveland UU Fellowship FY 2021 first quarter financial report has been emailed to members. If you did not receive a copy and would like one, please email Leticia Smith at info@grovelanduu.org. Your financial support is most appreciated.

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Groveland Events...

Holiday Cards to Incarcerated UU Church of the Larger Fellowship Members

Last year, Groveland participated in the Church of the Larger Fellowship's (CLF) effort to send holiday cards to incarcerated members across the country. This year, we are doing a distanced version! Sara Leiste will purchase cards, and distribute them to Groveland members. You can write your own message, sign your first name, seal the envelope and then send them to the CLF office. From there, they are addressed and sent to incarcerated UUs.

To participate, by Nov. 6, email Sara at leiste@yahoo.com to let her know how many cards you would like to write, and whether you would like Groveland to provide the stamps for you.

(Feel free to purchase your own cards if you prefer. Just make sure to read the CLF's instructions first, https://docs.google.com/document/d/1yS_19-H7R-yw61jytuboqAQ_jjhZl6Z1D58FyBvehZY/edit. Prisons are really specific about what mail is allowed.)

Outdoor Social Event During November?

We've enjoyed some outdoor social events at Highland Park. If the weather permits, we'll try for a "flash-gathering". We'll send out a notice the morning of the day before as to where and when – likely on a Saturday or Sunday to avoid conflicts with work schedules. With short notice, it's more likely that we would have weather as predicted. St. Paul has a few parks with fire pits or fire rings we can use. We only need to bring wood, matches and our favorite outdoor chairs. Here's the link as to our park choices:

<https://www.stpaul.gov/departments/parks-recreation/parks/bonfires>.

If you have other ideas as to how to do our socials safely, please send them to Leticia Smith at info@grovelanduu.org.

Groveland Book Group Wednesday, November 18, 6:30-8:00 pm

On November 18 we will meet at 6:30 pm on Zoom. Our format is a discussion of books we are presently reading or have read recently. See our website for the Zoom log in information. Please email Sara at leiste@yahoo.com for Zoom help.

Here is a list of books we discussed at our October book Group:

[Hiding in Plain Sight: The Invention of Donald Trump and the Erosion of America](#) - Sarah Kendzior

[Denying to the Grave: Why We Ignore the Facts That Will Save Us](#) - Sara Gorman and Jack Gorman

[The Disinformation Age: Politics, Technology and Disruptive Communication in the United States](#), Columbia University Press (available as Open Access on Columbia Core). Edited by Bennett and Livingston.

[Eleanor Oliphant is Completely Fine](#) - Gail Honeyman

[Real Magic - Ancient Wisdom, Modern Science and a Guide to the Secret Power of the Universe](#) - Dean Radin

[The Biology of Belief: Unleashing the Power of Consciousness, Matter and Miracles](#) - Bruce Lipton

[Coming Home](#) - Rosamunde Pilcher. Novel.
[The Song Poet: A Memoir of My Father](#) - Kai Kalia Yang

[The Vanishing Half](#) - Brit Bennett. Novel
[Unaccustomed Earth](#) - Jhumpa Lahiri. Short Stories

[Solutions and Other Problems](#) - Allie Brosh . Graphic Novel

[Burnout: The Secret to Solving the Stress Cycle](#) - Amelia and Emily Nagoski

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Book Group, continued

Dubious Documents: A Puzzle (wordplay, ephemera, interactive mystery)

- Nick Bantock

Griffin and Sabine - Nick Bantock

Phryne Fisher mystery series (27 books) -

Kerry Greenwood

November Birthdays



Happy birthday to:

Alison

Lynn

and Maryah!

Groveland E-Wire Editors:

Martha Anderson

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Ceile Hartleib

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Services are at 10:00 am Sundays, September through May (Currently on Zoom)

Groveland meeting address:

1671 Summit Ave
St Paul, MN 55105

Groveland UU Mailing address:

Groveland UU Fellowship
PO Box 40011, St Paul, MN 55104

You may make donations to Groveland UU by addressing them to 'Treasurer' at the above address.

For more information about **Groveland UU Fellowship**, go to grovelanduu.org

Groveland Outreach...

MORE Food Aid



Volunteers from Groveland Fellowship and other places meet at Whole Foods Market on Snelling and Selby Avenues to transport groceries to the

Multicultural School for Empowerment (MORE). Please call Cathy Rucci, MORE's executive director at 651-204-0497 for more information or to volunteer.