

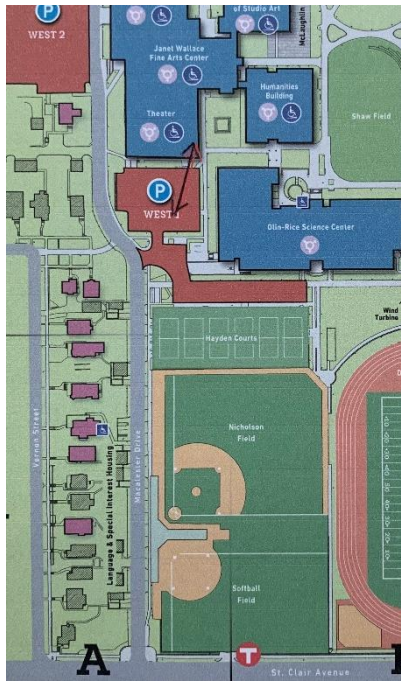


THE GROVELAND E-WIRE

Volume 14, Issue 10, December 2021, page 1

Sunday Services

Combination Zoom and in-person services, plus a new location - Macalester College in the Theater Building, St. Paul



In-person: Groveland UU Fellowship will be meeting in **Room 205** in the Theater Arts building on the Macalester College campus. This building is located at 130 Macalester Drive. It is part of the Janet Wallace Fine Arts Center. Enter from St. Clair Ave. onto Macalester

Drive. Park in the West 1 lot. The building access is at the northeast corner of the parking lot. There will be someone at the door from 9:45-10:00 to let you into the building. (Arrow on map shows parking lot to use and the entry to building which will be manned.)

Public Transit:

The A Line bus stops at the corner of Snelling and Grand and also at Snelling and St. Clair. The route 63 bus stops at Grand and Snelling.

Zoom services: We will continue alternating in person and Zoom services. The Zoom link can be found on the Groveland UU website:

www.grovelanduu.org

If you need help with Zoom, please contact Sara Leiste at leiste@yahoo.com

December 5, 10 a.m.
First, Burn No Bridges: Effective Conversations During Challenging Times (*In-person service*)
Presenter: Tom Esch
Moderator: Leticia Smith



Right now our world is ripe with opportunities for uncomfortable conversations. The holidays can make things even more challenging. Come and reflect with us on how to make it more likely that

these conversations will go well.

Tom is President of Esch Consulting, LLC a business that helps people access their authentic power and turn their differences into bridges. He and his wife Kristen are members of Unity Unitarian in St. Paul, MN.

Tom Esch has been embracing the power of conversations since 1969 when a whiffle ball game ended badly. Since then he has completed degrees in Art and Communication from the University of Wisconsin at River Falls and a master's in Theology from the University of Notre Dame in South Bend, Indiana. He also received a master's in "Conflict Facilitation and Organizational Change" from the Process Work Institute in Portland, Oregon

He was a member of a Catholic religious community for 10 years, and worked for three years as Coordinator of Social Justice at First Universalist Church in Minneapolis. He also does stand-up comedy, from time to time, in the spirit of Fr. Guido Sarducci, as Fr. Vito Incognito. His new book, *Personal Accountability and POWER*, is a culmination of 25 years of training, consulting and coaching people from a variety of cultures and all walks of life.

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December 12, 10 a.m.
Christmas Carol Service
(Zoom Service - online only)
Presenters: Kaitlin and Emily
Webster-Zuber
Moderator: Ceile Hartleib

The Webster-Zuber Sisters piano duo will present a few favorite Christmas Carols and a selection of their own compositions in a combination of live and recorded music.



Kaitlin (left, age 21) and Emily (right, age 18) have been playing piano duets since they were very young and are an emerging duo native to Los Angeles, CA. Their musical endeavors began at the Colburn School, leading them to stay local in pursuit of their Piano Performance degrees at Mount Saint Mary's University. The sisters are 2021 First Prize winners of the prestigious Marker and Pioneer International Music Competition. Recent performances reflect their wide range of repertoire, from premiering Juan Pablo Contreras' Latin Grammy nominated Mariachitlán to performing classical favorites such as W.A. Mozart's Double Piano Concerto with the Slovak State Orchestra in Vienna.

Kaitlin and Emily co-founded Musical Traces (2016), their own community outreach organization. When COVID hit, the sisters transitioned to Zoom for Musical Traces' programs, featuring live performances and conversations with professional composers and musicians. To learn more about the Webster-Zuber sisters' accomplishments, or to sign up for their newsletter, and to subscribe to their YouTube channel, visit www.musicaltraces.com.

December 19, 10 a.m.
TED Talk: Green Hydrogen and
Climate Change
(In-person service)
Presenter: Dr. Andrew Forrest
Moderator: Huron Smith

This TED Talk was presented by Dr. Andrew Forrest at the National Press Club of Australia on Oct. 13, 2021. The presentation includes Dr. Forrest's investment plan for Australia, a plan that is repeatable in other parts of the world where the infrastructure for producing green hydrogen - hydrogen produced with no fossil fuel emissions - is either in place now or can be built.

Dr Andrew Forrest is an Australian businessman. He is best known as the former CEO and current non-executive chairman of Fortescue Metals Group and has other interests in the mining industry and in cattle stations.

December 21, 5:30 p.m.
Solstice Service and Potluck
(Note: this is a Tuesday evening in-
person gathering.)
Presenter: Abby Struck
Moderator: Ceile Hartleib

Abby Struck will present a traditional Solstice Celebration of the returning of the light and our hopes for the coming year at Ceile Hartleib and Terry Kayser's home on Friday, December 21. We will begin gathering at 5:30 so we will be ready to start the service at 6 p.m. Masks are required. Potluck will follow the service.

(For directions, please call Ceile at 651-592-1877.)

Happy Holidays! No Services on
December 26 or January 2

Looking Ahead...

January 9, 10 a.m. Healing Ourselves in Trying Times

(In-person service)

Presenter: Kristen Werneke

Moderator: Leticia Smith



Kristen Werneke will speak about the need for mind, body and spirit healing in each of us. As we learn where our blind spots are, we can bring in new, healthy behaviors that allow us to live more fully. This is personal, and it affects our lives in all of the ways that we show up in the world. Many of us

have lost our path at some point, and this is a gentle reminder that there are ways we can bring ourselves back to our essence and our own divinity. Our healing stories really do change the way that we bring our light into the lives of others and into our own lives.

Kristen Wernecke has been a bodyworker since 1990, doing Massage Therapy, Energy Healing, Teaching Meditation and Energy Healing classes, and doing one on one Health and Wellness Coaching. She was also a Wellness Specialist at Hazelden-Betty Ford for 5 ½ years, until COVID shut down in-person contact. Kristen has written a book called "Choosing Conscious Health for a Vibrant Life" which has sold hundreds of copies.

Kristen lives with Tom Esch, and their two entertaining cats. Their 21-year-old son, Eli recently moved in with friends.

Groveland Events...

Groveland Book Group Wednesday, December 15 6:30-8:00 pm – On Zoom



On December 15 we will meet at 6:30 pm on Zoom. Our format is a discussion of books we are

presently reading or have read recently. See our website for the Zoom link information. Please email Sara at leiste@yahoo.com for Zoom help.

Books talked about at the November meeting:

A Paris Apartment - Michelle Gable

People of Darkness - Tony Hillerman

State of Terror - Hillary Clinton and Louise Penny

Flight Behavior - Barbara Kingsolver

All We Can Save: Truth, Courage and Solutions for the Climate Crisis - edited by Ayana Elizabeth Johnson and Katharine Wilkinson

Betrayal - Jonathan Karl

Three More Months - Sarah Echavarre

My Life as a Rat: A Novel - Joyce Carol Oats

Olive Again - Elizabeth Strout

The Matrix - Lauren Groff

To Make Men Free - Heather Cox Richardson

Midnight in Washington - Adam Schiff

Groveland News...

Paul Hjelmstad's father, Stanley Duane Hjelmstad passed away on October 12, 2021. He was born on the family farm near



Ryder, North Dakota to parents Olaf and Augusta Hjelmstad. He was preceded in death by his parents, 7 siblings, and daughter Mary Kristina. He is survived by wife Eloise Skrukrud Hjelmstad,

Stanley Duane Hjelmstad, continued...

three children Paul Hjelmstad, Gregory Hjelmstad (Holly), Kathryn Hjelmstad Severt (Anthony); and six grandchildren Abigail, Zane, Connor, Samuel, Grant, and Mena. Following service in the Navy, Stan graduated from the University of North Dakota, Grand Forks. He worked as an electrical engineer at Honeywell and Onan. He proudly worked on the Apollo program, helping to send a man to the moon on his 40th birthday. He was a beloved husband, father and poppa, a wonderful friend & gracious human. He will be sorely missed. A private family gathering is being planned. Memorials should be sent to the Adoption Medicine Clinic at the University of Minnesota. 717 Delaware St SE, 3rd Floor, Minneapolis, MN 55414.

Paul Hjelmstad is Groveland Fellowship's pianist. Our condolences to you and all of your family, Paul.

Groveland Fellowship member, Jerry, had open heart surgery on Nov. 19th. Ceile talked with Jerry today and he has gone home from the Episcopal Homes and is doing very well. He sounded great and has a wonderful outlook! We knew you could do it, Jerry!!

Message from Our Treasurer

Your financial contribution helps cover our expenses. To donate, please write your check to Groveland UU Fellowship and send it to P.O. Box 40011, Saint Paul, MN 55104-8011. Thank you!

November Birthdays



**Happy Birthday
Bobbi!**

Groveland Outreach... MORE Food Aid



Volunteers from Groveland Fellowship and other places meet at Whole Foods Market on Snelling and Selby Avenues to transport groceries to the Multicultural School for Empowerment (MORE). Please call Cathy Rucci, MORE's executive director at 651-204-0497 for more information or to volunteer.

Groveland E-Wire Editors:

Martha Anderson

Email: mhaa427@aol.com

Lois Hamilton

Email: hamiltonlando@gmail.com

Ceile Hartleib

Email: ceilehartleib@gmail.com

Services are at 10:00 am Sundays, September through May (Currently alternating between Zoom and in-person)

Groveland meeting address:

We are now alternating between Zoom from home and in-person meetings in the Theater Arts Building at Macalester College in St. Paul:
Janet Wallace Fine Arts Center
Room 205
130 Macalester St
Saint Paul, MN 55105

Groveland UU Mailing address:

Donations: Please address donations to Groveland UU Fellowship, and send them to:
PO Box 40011, St Paul, MN 55104

For more information about **Groveland UU Fellowship**, go to grovelanduu.org

