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Sunday Services

Services start at 10:00 a.m. We meet at Mano a Mano, 925 Pierce Butler Route, at Milton St., St Paul, 55104. Our services will be either in person at Mano while simultaneously on Zoom (hybrid), or online Zoom from home only. Please check the individual service announcements for location.

December 3, 10 a.m. Black Americans and Unitarian Universalism

(Online Zoom from home only)

**Speaker: Rev. Dr. Qiyamah Rahman
Moderator: Rose Dorer**



Rev. Dr. Rahman resides in St. Croix, Virgin Islands. From 2012 to 2018 she served the UU Fellowship of St. Croix. She has graciously agreed to share with us (via Zoom) her reflections and insights

on the history and presence of Black Americans in UUism. Her unique observations are gleaned from 31 years as a UU, 16 years as a UU minister, and almost 30 years thinking about, researching and writing about Black UU women and girls. Currently, she is a full-time volunteer Executive Director of Sister Source, Inc., an inclusive non-profit organization she founded that is dedicated to serving Black UU women and girls.

Rev. Dr. Rahman earned her bachelor's degree in education and her masters of

social work from the University of Michigan. She also holds a Master of Divinity degree from Meadville Lombard Theological School, and a Doctor of Arts in Africana Women's Studies from Clark Atlanta University.

December 10, 10 a.m. The Neuroscience of Spiritual Experience—YouTube presentation by the Theosophical Society (Online Zoom from home only) Presenter: Dr. Andrew B. Newberg Moderator: Larry Herbison



Using a 21st Century perspective on the original Varieties of Religious Experience by William James, this presentation—given by one of the most influential neuroscientists today—explores the most recent

research and knowledge about the many varieties of spiritual experiences. These experiences and their elements can be related to specific aspects of brain function, shown using some of the latest brain scan studies. Overall, this presentation provides a thorough and modern perspective on the varieties of spiritual experiences. Dr. Newberg has been particularly involved in the study of mystical and religious experiences, a field referred to as "neurotheology". He has published over 250 peer-reviewed articles on brain function, brain imaging, and the study of religious and mystical experiences.

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**December 17, 10 a.m.
Group Discussion Topic: How is
AI affecting our lives and how
can we make it useful rather
than damaging?**

**Hybrid service (In-person at Mano a
Mano or on Zoom)**

Moderator: Huron Smith



Each month we have a program with a group discussion on some chosen topic. This month, the moderator will lead a discussion about issues relating to artificial intelligence and how to make the best use of it while minimizing potential

damage to our lives.

Everyone is encouraged to think about how this topic relates to their own lives as well as those they care about.

Huron Smith serves as secretary of Groveland Fellowship and helps in the technical aspects of our hybrid services.



***No Services on December
24th or December 31st. Enjoy
your Holidays with family and
friends.***

Looking Ahead...

**January 7, 11 a.m. - 1:30 p.m.
GUUF Planning Meeting and Potluck
(In-person and on Zoom)**

We will meet in the Windsor Room, on the second floor, at Becketwood Co-operative, 4300 W. River Pkwy, 55406, Minneapolis, on Sunday, January 7 at 11 a.m. We have been experiencing low attendance numbers and need to consider alternative situations by discussing what we want Groveland Fellowship to look like in the future. Please bring a dish to share.

Book Group



On December 20 we will meet at 6:30 pm on Zoom. Our format is a discussion of books we are presently reading or have read recently. See

our website for the Zoom link information. Please email Sara at leiste@yahoo.com for Zoom help.

Books spoken about at the November meeting:

Unthinkable – Jamie Raskin

Nobody Needs to Know: A Memoir – Pidgeon Pagonis

The Henna Artist – Alka Joshi

Safekeeping: Some True Stories from a Life – Abigail Thomas

The Good Pilot Peter Woodhouse – Alexander McCall Smith

Blowback: A Warning to Save Democracy from the Next Trump – Miles Taylor

The Last Election – Andrew Yang

Network of Lies – Brian Steiger

Tired of Winning – Jonathan Karl

The Pillars of the Earth – Ken Follett

The Armor of Light – Ken Follett

World Without End – Ken Follett

Member news



Abby Struck's husband Cliff Watson died of a stroke-caused aneurysm late Monday night, November 27. Cliff was living at

Lyngblomsten Memory Care in St. Paul.

Cliff was born in Canada and moved to the US with his family at age 5. He and Abby were married for 46 years. They have two daughters and one granddaughter. A service will be held in early 2024.

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December

Birthdays

Bobbi Baker
Martha Anderson

Past Services:

Expanding End-of-Life Options in Minnesota

Harlan Limpert and Tara Guy spoke at Groveland Fellowship on October 29th. Harlan talked about medical aid in dying as an end-of-life option.



Tara Guy, below, spoke about her friend, Doris, who passed away from a very painful form of cancer and wasn't allowed a death with dignity.



Hinduism: Its Significance, Prospects and Challenges in the Modern Age

On November 5th, Godan Nambudiripad briefly introduced the history of Hinduism and explained its basic beliefs and practices.



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Services are at 10:00 am Sundays, September through May

Groveland meeting address:

Most meetings are held at Mano a Mano
925 W Pierce Butler Route, at Milton St., St Paul,
55104

Groveland UU Mailing address:

PO Box 40011, St Paul, MN 55104

For more information about **Groveland UU Fellowship**, go to grovelanduu.org.