

Groveland Unitarian Universalist Fellowship

February 2024 Newsletter

February 4 10:00 a.m.

Hybrid (In-person at Mano a Mano, or on Zoom from home)

Topic: Self care: Rosen Method

Presenter: Marjorie Huebner

Moderator: John Christensen

Marjorie Huebner has had a private bodywork practice, working in a variety of modalities, including massage, Trager, and Craniosacral Therapy since 1984. In 2000, she added Rosen Method Bodywork and Movement, and Authentic Movement. Since 2015, she has been working with a group on building capacity to take anti-racist action.

Marjorie Huebner will lead us in some simple movements to music and gentle touch called Hands-On-Shoulders – some of the basics of the Rosen Method. This presentation is experiential - wear comfortable clothes and shoes for participation.

February 11 10:00 a.m.

Hybrid (In-person at Mano a Mano, or on Zoom from home)

Topic: Protecting the Wilderness

Presenter: Amanda Hefner

Moderator: Sara Leiste

Our presenter will be speaking about the fight against proposed sulfide-ore copper mining in the headwaters of the Boundary Waters, recent accomplishments at the Federal level, as well as the path to permanent protection.

Amanda Hefner is the Deputy Organizing Director for the Campaign to Save the Boundary Waters. She oversees its outreach department and runs its state legislative and lobbying program.

She is experienced in science communication, research, outreach, and has a B.S and an M.A. in Physical Geography. She fell in love with the Boundary Waters long before ever stepping foot in the woods, volunteering with the Sierra Club, focusing on forest health and sulfide-ore copper mining issues.

February 18 10:00 a.m.

Online service – TED Talk - Zoom from home only

Topic: Dangerous Religious Ideas: The Deep Roots of Self-Critical Faith in Judaism, Christianity and Islam

Presenter: Rabbi Rachel Mikva

Moderator: Larry Herbison

Rabbi Mikva argues that *all* religious ideas are dangerous—not only those we might consider extremist, but even those that are considered moderate. Because most religious traditions have always understood this dilemma, they created tools of self-critique as essential to their teachings.

Rabbi Mikva explores the common challenges of dealing with Scriptures that can inspire great goodness but also justify oppression.

Rabbi Dr. Rachel S. Mikva serves as the Herman E. Schaalman Professor in Jewish Studies and Senior Faculty Fellow of the InterReligious Institute at Chicago Theological Seminary.

February 25 10:00 a.m.

Hybrid service (In-person at Mano a Mano, or on Zoom from home)

Topic: My quest for spiritual fulfillment and where it has taken me.

Facilitator: Rose Dorer

On one Sunday of each month, our service is a group discussion on a chosen topic. This time, our moderator will lead a discussion about issues relating to our personal quest for spiritual fulfillment. Everyone is encouraged to think about how the topic relates to their lives and those they care about prior to the service.

March 3 10:00 a.m. Hybrid (In-person at Mano a Mano, or on Zoom from home)

Topic: Post-pandemic future of our small congregations: innovative approaches, continuing issues, and the role of the Unitarian Universalist Association.

Presenter: Rev. Phillip Lund

Moderator: Leticia Smith

The COVID pandemic exacerbated some issues and brought new ones still being faced by small UU congregations. Some of these congregations have developed creative strategies which may help those who are still struggling.

Rev. Phil Lund will present these continuing issues and strategies to help small congregations.

Phillip Lund has twenty years of experience serving congregations in the areas of faith formation and spiritual growth. He holds a Master of Divinity degree from Meadville Lombard Theological School in Chicago. In 2013 Phil was named the Fahs Fellow for Innovation in Technology by the Fahs Collaborative at Meadville Lombard.

He currently lives in Saint Paul, Minnesota, with his wife, Julia, and their son, Henry David.

Groveland Book Group - February 21, 6:30 on Zoom

The Groveland book discussion group meets monthly on the third Wednesday evening, year-round. We meet on Zoom and tell each other about the books we are currently reading. Find the Zoom link at grovelanduu.org.

Message from Our Treasurer

Please consider donating to Groveland Fellowship. We always need help with rent and presentations. Please send your check to Groveland UU Fellowship, P.O. Box 40011, Saint Paul, MN. Thank you.

Cliff Watson Memorial Service January 27 at 2 p.m.

Abby Struck's husband died on November 27. His funeral will be held on January 27th, 2 pm at the O'Halloran and Murphy Funeral Home, 575 Snelling Ave. S., St. Paul, 55116.

Memorial Service for Patrick Walker

Pat Walker was one of the first members of Groveland Fellowship, along with his wife, Lynne Biddle Walker, a co-founder of Groveland. He died recently in North Carolina where they have been living for many years.

Message from Lynne and Jeff:

"To all of Pat's family and friends,

We are planning on having him interred at the Eternal Reefs site off Topsail Beach in the beginning of April. There are a few days of events surrounding this. These include casting of the reef ball, watching the deployment of the ball, and a ceremony prior to the deployment. At the ceremony military honors will be performed.

We (Jeff and Lynne) are planning on hosting a small celebration in North Topsail Beach that weekend.

As part of the celebration we are putting together a digital album of photos of Pat. If you have already sent us pics, thank you. If not and you have any photos of Pat through the years, please send them to Jeff Walker.

Thank you,

Lynne and Jeff."

Actually you may send them to ceceilehartleib@gmail.com and she will get them to Jeff.